

TO BE HELD AT:
POWERLEAGUE WEMBLEY STADIUM
ENGINEERS WAY, HA9 0WS
On Saturday 18th February 2012

TEAM REGISTRATION: 13.15 - 13.45
MATCH TIMES: 14.00 - 16.00

DIRECTIONS:

Closest Underground Station : Wembley Park
(Metropolitan & Jubilee Line)

Buses : 83, 92, 182, 206 or 297.
All Stop Outside Wembley Park Train Station.

From Wembley Park Train Station simply look across the road and you will see Wembley Stadium which is around a 5 minute walk away. There are stairs leading down to a wide walkway which leads to Wembley Stadium (it's the one most of the fans use when their team is playing at Wembley).

Walk along the walkway all the way to Wembley Stadium. Just when you get to the main entrance for the Stadium you will see some boarding on your right which is where the Powerleague is located.

PARKING: There is a car park opposite the Powerleague which is usually used by those visiting Wembley Stadium or Wembley Market. Park in any space immediately to you left as you drive into the car park. Then go into the Powerleague Venue opposite and ask them for a Parking Permit at the reception desk. Take the permit and place it in your car on the dashboard. It's free all day if you do!

BELOW ARE THE RULES FOR THE LADIES XMAS TOURNAMENT:

- 1 - The Tournament Will Take Place Outdoors On The New 3G Astroturf Surfaces.
You Can Wear Astroturf Trainers, Regular Trainers or Round Moulds (DEFINATELY NO BLADES)!
- 2 - Each Team Is Allowed a Squad Of Up To 8 Players For The Tournament
(An exception will be made for teams who registered 2 squads but can only field 1 on the day)
- 3 - No More Than 5 Players From Either Side Will Be Allowed On The Pitch At Any Time During Games
(Including Keeper)
- 4 - Substitutions Are Roll On Roll Off & Teams Can Make As Many Substitutions As They Want During a Game.
- 5 - There Are No Pitch Markings Meaning There Will Be No Corners or Throw-ins.
- 6 - There Are No Height Restrictions & The Ball Can Go Anywhere Just As In Futsal.

- 7 - Both Keepers & All Players Are Allowed Anywhere On Pitch Including Either Penalty Area.
- 8 - Slide Tackling Will Not Be Allowed & Will Be Cautioned!
- 9 - Matches Will Be Played With Regular Size 5 Footballs.
- 10 – Shin-Pads Are To Be Worn At All Times During Matches.
- 11 – Keepers Can Must Roll the Ball Out Underarm If they Pick It Up But Can Kick It Out As In Normal Play If They Have Not Just Picked It Up.
- 12 - The Keeper May Be Changed As Many Times During A Match As A Team Wants But Only When Play Has Stopped.
- 13 – Players Are Allowed To Head The Ball But Any Dangerous Or Reckless Challenges Will Be Cautioned!
- 14 – All Free Kicks Are Direct Unless Stated By The Referee. Opposition Players Are Required To Stand Up To 2 Meters Away From The Ball When A Free Kick Is Being Taken.
- 15 - Disputing A Decision Made By The Referee May Lead To Disciplinary Action Being Taken Against A Player Or A Team. Red & Yellow Cards Will Also Be Used!
- 16 - All Penalty Takers Are Allowed Up To Two Steps Before Kicking The Ball.
- 17 - Players May Be 'Sin-Binned' For Foul Or Abusive Behaviour For Up To 3 Minutes.

FORMAT:

This will be a two stage tournament.

The first stage is the league. After all teams have played each other twice the top 4 teams will progress to the playoff stages with a semi-final followed by a final & 3rd place playoff!

3 points - win
1 point - draw
0 points - loss

In order of precedence the following will be taken into account if points are equal:

Goals Difference
Goals Scored
Goals Conceded
Head to Head Wins.

Whenever there is a tie a penalty shootout can be used to decide the final outcome.

PRIZES:

Winners – Winners Team Trophy
2nd Place – Runners-Up Team Trophy
3rd Place – 3rd Placed Team Trophy
Top Goal Scorer - Golden Boot Trophy
Player Of The Tournament – Individual Trophy

Over the course of the day the various coaches will be looking at all players with a view to selecting a 2nd team to travel to Portugal in May 2012 for the Women's International Tournament. All players who are selected will be expected to cover their air fare. Accommodation, food and travel once in Portugal will be covered (food may only be partly covered)!

Contact Us:
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